

THE MANE ISSUE

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**Art Contest—
And the winner ison
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Youth Reps— Our very special resource!

Are you a youth rep for your club? Have you ever considered applying to become a Regional or National Youth Rep? The job of a youth representative is a very important one and should never be undervalued; it is through these members that we learn what we can do to make the Canadian Pony Club a better organization.

We have three National Youth reps that sit on our National Board and represent our Active members across the country. One comes from the East and one from the West. A few years ago they asked if they could have a three year term rather than a two year term so that there would always be a super knowledgeable representative who would be able to mentor the new incoming youth rep during their first year. We gave them their three year term. They asked for Active members to age 25. We now have regular membership to age 25. The idea for a National Pony Club Day came from Kathryn Robertson, our National Active Youth Rep East.

The National Youth reps organize a meeting purely for Active members at our largest National competition which is Quiz. They bring back a report to the board about the things that members would like to see happening, or sometimes they tell us about things that members are displeased with. They often tell us that they encounter regions that have no youth reps that sit on their regional committees, or worse still, that their regional board does not value or listen to their opinions. If you are an Active member aged sixteen or older (some clubs allow a younger age), please think about volunteering at least at the club level and maybe the regional level

and make your voice heard! As a National board we need to have feedback to grow as an organization and to offer the programmes that the members really want. We truly do want to hear your views and opinions, and the way to do that is to communicate with our National Youth representatives.

We have a Face Book page especially dedicated to our members and it is administrated by our National Youth Reps themselves, so make sure that you 'Like' and follow them. They need your feedback and your input, so if you have a great idea or even a great story to tell please leave them a post. They are on Twitter and Instagram, and have organized Snap Chat takeovers at most of our National Competitions which have been very successful. Be more active in the Canadian Pony Club decision making by becoming a youth representative.



Jane Goodliffe,
Canadian Pony Club National Chair.

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Meet the Member- Allysia Campbell

Hi my name is Allysia Campbell, I am 9 years old and this is my first year in Pony Club. Our Club is the Swan Valley Pony Club in Swan River, Manitoba. We started our club this year!

I have been riding for 6 years and since joining pony club I have learned so much. I am currently working on learning courses and how to keep a nice gait while approaching jumps and on the flat and how to post on the correct diagonal. In November I went to my first hunter/ jumper show and placed 1st in the Beginner Cross rail Hunter Class on Jet, it was so much fun!

I am very excited for the opportunities of Pony Club, some of my goals are to test my riding level, canter a full course and canter bareback. I love riding and taking care of my two favourite horses, Jet and Dash.

My favourite thing about Pony Club is that I can learn the curriculum everyday, I really like the Pony Club Manuals and also that my Mom is my coach and I can ride with my friends each week.

Allysia Campbell





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gion





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Val's Corner

For this issue, I want to talk about the Police Checks and Incident Reports. There seem to be some misconceptions floating around. I am going to try and clear them up.

Police Checks

What kind of police check do we require? CPC requires a Criminal Record Check and a Vulnerable Sector Check. In some areas this is 2 different forms, and in some areas, both are on one form. Please be sure that your check covers both the CRC and the VSC.

Who needs a police check? According to the Operations Manual, "Criminal Record (CRC) and Vulnerable Sector

(VSC) Checks are required to be on file at the National Office for all instructors, coaches, chaperones, team managers, and volunteers, who are in positions of trust with members, plus any supervisors of overnight activities."

National requires the original of the CRC and the VSC to be mailed to the National Office. If you want your original returned to you, you must enclose a self-addressed envelope.

These checks are good for 3 years. Volunteers are encouraged to renew their police checks early in the year, in order to have their check done in lots of time for the next activity.

For more information, check out page 10 and 11 of the Operations Manual. Please put your Region somewhere on the

form or on a note when you send the original to the National Office.

What is the cost? In some areas there may be a charge of \$25 or \$35. However, in most jurisdictions, volunteers seeking these checks can get them at no cost, if they have a letter from the group for which they are volunteering. CPC has a letter on the web site that a volunteer can print out, get their Regional Chair to sign, and take with them to their local police station or RCMP office.

...Val's Corner continues

Incident Reports

Every time a member falls off a horse, the safety officer at the Pony Club activity must fill out an incident report. This report is three pages long.

In the case of severe incidents, where the rider is not able to continue, a witness report should also be filled out by some one who saw the incident.

All reports should be filled out clearly, with accurate dates. They should contain only the facts, no opinions. The original reports must be sent to the National Office immediately following the incident. Do not save them up and mail them into the office at the end of the year.

Every Branch should have a Safety Officer to cover all Branch activities. A Safety Of-

ficer must be appointed for each Regional Activity.

If you have any other questions, please e-mail me at info@canadianponyclub.org



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Breed Basics - Lipizzan or Lipizzaner

The Lipizzan or Lipizzaner, is a breed of horse closely associated with the Spanish Riding School of Vienna, Austria, where they demonstrate the haute école or "high school" movements of classical dressage, including the highly controlled, stylized jumps and other movements known as the "airs above the ground." The horses at the Spanish Riding School are trained using traditional methods that date back hundreds of years, based on the principles of classical dressage.



The Lipizzan breed dates back to the 16th century, when it was developed with the support of the Habsburg nobility. The breed has been endangered numerous times by warfare sweeping Europe, including during the War of the First Coalition, World War I and World War II. The rescue of the Lipizzans during World War II by American troops was made famous by the Disney movie *Miracle of the White Stallions*.

Today, eight stallions are recognized as the foundation bloodstock of the breed, all foaled the late 18th and early 19th centuries. All modern Lipizzans trace their bloodlines to these eight stallions, and all breeding stallions have included in their name the name of the foundation sire of their bloodline.

Most Lipizzans measure between 14.2 and 15.2 hands. However, horses bred that are closer to the original carriage-horse type are taller, approaching 16.1 hands. Lipizzans have a long head, with a straight or slightly convex profile. The jaw is deep, the ears small, the eyes large and expressive and the nostrils flared. They have a neck that is sturdy, yet arched and withers that are low, muscular and broad. They are a Baroque-type horse, with a wide, deep chest, broad croup and muscular shoulder. The tail is carried high and well set. The legs are well-muscled and strong, with broad joints and well-defined tendons. The feet tend to be small, but are tough.

Aside from the rare solid-coloured horse (usually bay or black), most Lipizzans are grey. Like all grey horses, they have black skin, dark eyes, and as adult horses, a white hair coat. Grey horses, including Lipizzans, are born dark—usually bay or black—and become lighter each year as the greying process takes place, with the process being complete at between 6 and 10 years of age.

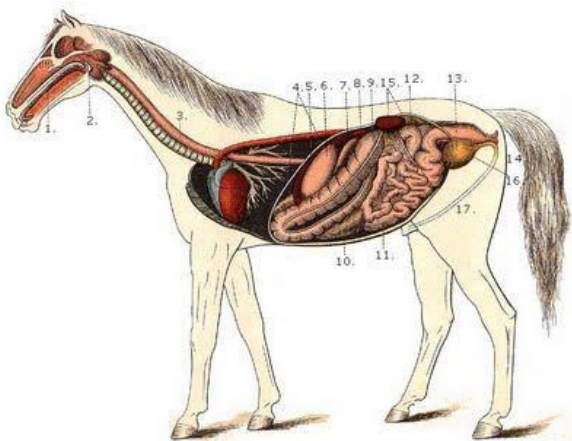


Colic in Horses: What is it exactly? What should I watch for?



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 American College of Veterinary Sports Medicine and Rehabilitation Diplomate
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The reason why recognizing and understanding colic is so very important is that it is the #1 leading cause of death in horses and ponies. “Colic” is not a disease, but rather a combination of signs, or horse behaviours” that alert us that the horse is feeling pain in its abdomen. This pain can range in severity from mild to severe, but should NEVER be ignored. Many of the conditions that cause colic can become life-threatening in a relatively short time period. Only by quickly and accurately recognizing colic – and seeking qualified veterinary help – can the chance for recovery be maximized.



Signs of Colic

MILD: your horse or pony may show a decreased appetite and not eat its feed; it may stand more quietly than normal and may distance itself from the rest of the horses if housed in a group; it may turn its head from side to side looking at its belly (“flank-watching”); it may lay down more than normal

MODERATE: you may see the above signs as well as pawing; kicking at the belly; rolling; getting up and laying down a lot; standing in a stretched position; sweating

SEVERE: you may see the above signs as well as trying to lay down even when being walked, and hard to get up once laying down



What to do on farm or at the stable

- If you think your horse or pony is not acting normally – TELL AN ADULT right away
- Handling the animal
- Catch and calm the horse down
- If possible, take to a safe place like a stall or paddock
- Ask someone to help you
- If possible take the horse's vital signs (Temperature: normal <math><38.5\text{C}</math>; Respiration rate: normal 12-20 breaths/minute; Heart rate: normal: 20-40 beats/minute). Write them down and record the time when the vitals were taken.
- Call your veterinarian!!! ALWAYS remember we are ALWAYS available at no cost, to discuss the situation and help make a plan.
- Take away any feed until your veterinarian gives you the "okay" to feed your horse again.
- If the horse is rolling, walk to prevent it from doing so. If it is laying quietly, that is okay -leave the horse alone until the vet arrives.

Prepare to answer questions from your veterinarian

- Has the horse had any previous episodes of colic, been treated for colic, or had colic surgery?
- Look around, do you see any fresh manure?
- Can you tell if the horse has been drinking water?
- Does the horse have any known medical conditions?
- Is the horse insured?
- If colic surgery ends up being needed is this an option for this horse?
(Cost of surgery ~ $\geq \$5000.00$)

What are the causes of colic?

That is the million-dollar question!! Unfortunately, we can't always pinpoint an exact cause, but we can identify certain risk factors and suggest prevention strategies.

Prevention of colic / Risk Factors

1. Establish a daily routine – include feeding and exercise schedules – and stick to it.
2. Feed a high quality diet comprised primarily of roughage (hay).
3. Avoid feeding excessive grain and energy-dense supplements. (At least half the horse's energy should be supplied through hay or forage. A better guide is that twice as much energy should be supplied from a roughage source than from grain.)
4. Divide daily grain rations into two or more smaller feedings rather than one large one to avoid overloading the horse's digestive tract. Hay is best fed free-choice.
5. Set up a regular parasite control program (deworming) with the help of your equine veterinarian.
6. Provide exercise and/or turnout on a daily basis. Change the intensity and duration of an exercise regimen gradually
7. Provide fresh, clean water at all times. This is especially important in the WINTER, when horses tend to naturally drink less water. If the water freezes this can immediately increase your horse's risk of colic!
8. Avoid putting feed on the ground, especially in sandy soils.
9. Check hay, bedding, pasture and/or stall for potentially toxic substances, such as blister beetles, poisonous weeds, and other unsafe things that your horse could swallow (ex. baling-twine, string, wire on rubber feeding-tires) .
10. Reduce stress. Horses experiencing changes in environment or exercise levels are at high risk of colic. Pay special attention to horses when transporting them or changing their surroundings, such as at horse shows.
11. In most cases, so long as you provide adequate water and a mineral salt lick, he should be able to maintain his electrolyte balance just fine, but you can assist in preventing some types of colic by feeding salt or a complete electrolyte supplement.

If you notice colic and act quickly 75% of horses seen by the veterinarian on farm (or at the stable) will get better with medical treatment alone.

For more information on colic and your horse's risk I suggest checking out:
University of Guelph – Colic Risk Rater Healthcare Tool

http://www.equineguelph.ca/Tools/colic_risk_rater.php



Canadian Equestrian(nes)- Akaash Maharaj—Tent Pegging

Often referred to as equestrian skill-at-arms, the sport has a mounted cavalier riding at a full gallop across a timed course, on the flat and over jumps, using sword, sabre, and lance to smite a succession of ground and elevated targets. Yes, really.

Military cavaliers have practiced tent pegging for more than two-and-a-half millennia, and it is one of only ten disciplines officially recognised by the FEI, the global governing body for Olympic and international equestrianism. Akaash captained Canada's national team.

Like most tent peggers, Akaash was introduced to the sport through service with a cavalry regiment. Seat a man on a horse, hand him a sword, and set him off at a gallop: any ability to resist tent pegging will immediately and forever abandon him.

Although tent pegging's precise origins are obscured by the mists of time, the sport unquestionably emerged out of training exercises to develop military cavaliers' prowess with edged weapons; tent pegging is to the cavalry officer as jousting was to the mediaeval knight. The sport's rather opaque name is drawn from the small tent

stakes that served as the original targets in military encampments.

The most broadly accepted account of tent pegging's birth is as battle drill in the Indian Empire. The sport prepared horse cavaliers to charge and fell war elephants through finely placed lance strikes to the ponderous beasts' vulnerable feet.

The mainstay of tent pegging remains lancing ground targets. However, the sport also includes: ring jousting (threading a blade through suspended rings); lemon sticking (slicing suspended targets); quintain tilting (charging swivelling mannequins); Parthian (mounted) archery; and cavalry revolver. All events are conducted at a full gallop.

Tent pegging draws as much on nimbleness of mind as suppleness of limb, and is ideally suited to those whose antiquated notions of gallantry, valour, and martial honour would be thought absurd even by Don Quixote. Needless to say, it was inevitable that I should fall under its thrall.

Akaash took up the sport in 2005 as a member of the Governor General's Horse Guards Cavalry Squadron. In 2007, Akaash began representing Canada in global competition, at the 2007 International Championships in the Sultanate of Oman.

Akaash again rode for Canada at the 2008 International Championships in India, and returned home with three gold medals and one bronze medal.



ONE LUMP OR TWO?

I am a lump, there I said it.

Ya everyone knows it. It has to be the hardest thing to learn with +R training.

Having trained horses for years using other methods, lumping just comes with the territory. It is what we do.

So having started a few horses now using only +R methods once you get to the mounted part it all feels rather uncharted. I know there are people out there doing great stuff but it isn't as step by step in my opinion, and besides you get on, ya kick and they go. Right? I mean all the steering is there from the ground work, and the aid to has been installed and the stop.

So what else is there?

I think I figured it out.

And it says a lot about "normal" training and how much most horses put up with. When you train with fear, pressure, threats etc the horses go forward blindly, they don't ask why. Ours is not to question why, they are soldiers, made to obey.

Well with +R we give them a voice and the right to ask, why?

So in trying to make my horses go around the arena, stay on the wall, and repeat, my horses ask, why?

They might do it once, and don't get me wrong I reward them, but not very often, but after the 3rd time, they stop and say this is stupid. Then we humans get mad and kick harder because that is what we do, and the horse says frig this, and stops all movement.

I am on strike till you can tell me why!

So I went back a step today. I un-lumped. I made a circle of matts. So the horse could go from one matt to the next, and gradually I made the circle bigger. And the horse was thinking the whole time, not one spook. He went happily forward. It was great. Then I moved the matts just a little too ambitiously forward. And the horse said , no. I don't get it.

I went past his threshold, and he asked me why am I doing this? It's dumb.

Good news is now I know where his threshold is. And we can start from there hopefully.

Diana Bayer

DC Appleton Pony Club

SLOV Region



For Real: 10 horse movies ‘inspired by true events’



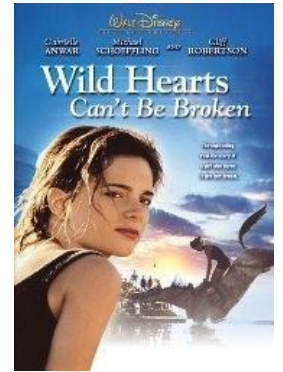
1. *Miracle of the White Stallions* (1963) – From Disney, this film tells the story of how the famous Lipizzaner Stallions of the Spanish Riding School were saved from destruction during WWII through the efforts of Col. Alois Podhajsky (director of the Spanish Riding School) and General George Patton of the U.S. Army.

2. *Phar Lap* (1983) – A feel good story of a New Zealand-bred race horse that dominated Australian racing during the late 1920s and early 1930s. After an inauspicious start, Phar Lap is so successful that he becomes a target of gambling interests.

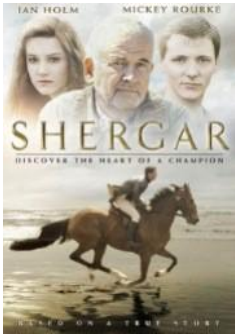


3. *Champions* (1984) – British steeplechase jockey Bob Champion (played by John Hurt) is diagnosed with testicular cancer at the age of 31. He recovers and goes on to win the 1981 Grand National aboard Aldaniti.

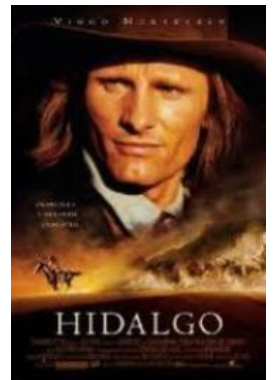
4. *Wild Hearts Can't Be Broken* (1991) – Set in Atlantic City during the Depression, this is the story of Sonora Webster (Gabrielle Anwar), a runaway who gets a job in the girl-and-horse high diving act of Dr. Carver (Michael Schoeffling). The film is based on the memoirs of Sonora Webster, "A Girl and Five Brave Horses". The high diving horses were recently in the news when the Steel Pier briefly considered bringing them back, before quickly realizing their mistake.



5. *Shergar* (1999) – While this movie is based on an actual event, the plot is pure fiction. In 1983, the Irish race horse Shergar was abducted by the IRA. In the movie, Shergar is rescued by an orphaned boy. (IMDB rating: 5.3/10)

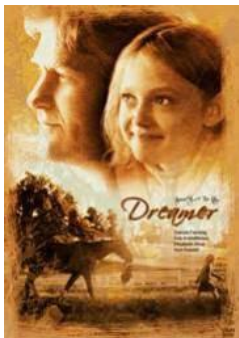


6. *Seabiscuit* (2003) – Staring Toby Maguire and Jeff Bridges, this blockbuster film is another feel-good story from the Depression. A pint-sized thoroughbred and a scrappy jockey lift the country's spirits by succeeding despite the odds.

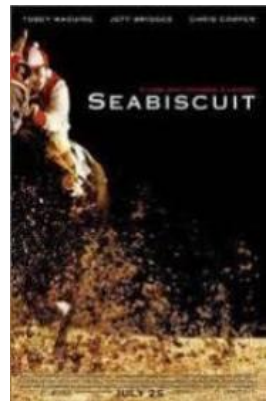


7. *Hidalgo* (2004) – Cavalry dispatch rider Frank Hopkins (Viggo Mortensen) is reduced to performing in Buffalo Bill's Wild West Show, but his reputation as a great long-distance rider leads to an invitation from a wealthy sheik (Omar Sharif) to compete in the 3,000-mile "Ocean of Fire" race across the Arabian Desert.

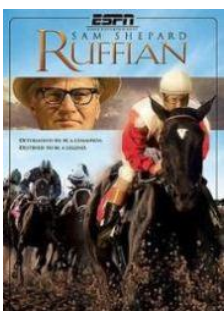
8. *Dreamer* (2005) – A young girl (Dakota Fanning) is behind the rescue and rehab of a race horse that has broken its leg. The film also stars Kurt Russell, Kris Kristofferson and Elisabeth Shue.



9. *Ruffian* (2007) – A made-for-TV movie chronicling the short life of one of the best fillies in Thoroughbred racing. At a time when equality and women's rights were hot topics of the day, Ruffian waged her own battle of the sexes on the track.



10. *Secretariat* (2010) – Diane Lane plays Penny Chenery Tweedy, who takes over her father's racing stables and manages, with the help of veteran trainer Lucien Laurin (John Malkovich), to produce a Triple Crown winner.



CANADIAN PONY CLUB

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