



**CANADIAN PONY CLUB  
BCLM REGION  
VANCOUVER PONY CLUB RIDING LESSON LOG  
D LEVEL**



Loyalty \_\_\_\_\_ Character \_\_\_\_\_ Sportsmanship \_\_\_\_\_

NAME \_\_\_\_\_ LEVEL (current): \_\_\_\_\_ (working towards): \_\_\_\_\_

DATE:	DESCRIPTION OF LESSON	Instructor
	Turn out (appropriate and safe) How to check tack-especially girth before mounting. How to mount and dismount. Basic position at halt. Hold reins correctly while mounted. Perform exercises at halt.	
	Basic position at walk, learn aids for walk-on and halt (shorten reins correctly at halt). Learn aids for turning. Ride large circle at walk. Introduce trot sitting (with neck strap if necessary). Change rein-half circle and reverse at walk.	
	Warm up exercise at walk include 2 point position. Review riding circles at walk. How to ride a 20m circle: eye control, aids. Introduce trot rising. Changes of rein across diagonal at walk	
	Review position, aids for halt-walk-halt transition, and circles. Maintain position in group at walk. 20 m circles at walk. Practice (posting) trot rising	
	Warm up-exercises. Review of position, aids. Trot rising on straight lines. Walk over random ground pole(s) with control and accuracy.	
	Warm up exercises. Review of position, aids, trot rising. Keep pony on rail at walk and trot rising 20 m circles at trot rising, emphasizing aids for control, steering aids.	
	Review trot rising, position. Introduce posting diagonals. Walk then trot rising over random ground poles	
	Warm up exercises at halt without stirrups (. Teach correct way to cross stirrups). Review transitions, diagonals. Alternate sitting, trot rising. Trotting poles at trot rising. Optional (if ready) introduce canter, one at a time-explain aids, how to stop.	
	Warm up exercise without stirrups. Review basic position. Two point position at walk. Circles at sitting and trot rising. Posting diagonals. Canter one at a time to rear of ride. Trotting poles at trot rising with halt on a straight line.	
	Warm up exercises. Review lesson.	

PHOTOCOPIES TO BE PROVIDED TO BRANCH DC:

JAN 30TH

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DC signature

\_\_\_\_\_  
Date

One month prior to written test

\_\_\_\_\_  
DC signature

\_\_\_\_\_  
Date

\*\*\*\*ORIGINAL DOCUMENTS TO BE RETAINED BY CPC MEMBER\*\*\*\*