

## Canadian Race

### Skills Needed:

Bending, hockey stick handling and hand off skills.

### Equipment Required:

- 2 road pylon cones (or similar objects)
- 4 plastic balls (e.g. road hockey balls) \*
- 4 bending poles (posts)
- 54" (1.4 m.) PVC pipe with metal base. Pole and base may be attached or separate.
- 1 plastic hockey stick \*

### Race Set Up:

There will be two pylons, or similar objects, placed 6' (1.8 m.) apart on the change over line (the goal). Four balls spaced 1 foot (30 cm.) apart will be placed 10 feet (3 m.) before the change over line, lined up with the goal opening. A line of 4 bending poles (posts) will be erected 24 to 30 feet (7.3 to 9.1 m.) apart. Rider 1 starts the race behind the Start/Finish line. Riders 2, 3 and 4 start the race behind the 6 yard (5.5 m.) line. Give the hockey stick to Rider 1.

### Game Play:

On the signal to start Rider 1 rides up the arena weaving through the bending poles and hits one ball with the hockey stick; he/she must continue to hit the same ball until it goes through the goal posts. The ball must be hit through the goal posts with the stick. If a pony kicks a ball over the line, other than that being hit by the rider, that ball must be returned to a position in front of the line, for use by subsequent riders. If the pony kicks the ball that the rider is hitting, through the goal, then the rider must return it to the playing field, and then continue hitting it with the stick until the ball has crossed the goal line and is in the goal. Rider 1 will then return, weaving through the bending poles and hand off the stick to player Rider 2. Riders 2, 3 & 4 will continue in the same manner. The winning team will be the one whose Rider 4 is first over the finishing line, mounted and carrying the hockey stick. All four bending poles must be erect.

