

St Lawrence-Ottawa Valley Regional Tetrathlon 2013

Entry and Information Form

Event Dates: Saturday 25 May and Sunday 26 May, 2013

Entry **DEADLINE: Wednesday 15 May**, 2013.

Late entries will be considered up to 20 May.
A late entry fee of \$20 may be applied at the discretion of the organizer.
Refunds will be considered on a case by case basis.

Please read all pages, carefully enter all required information, and sign the entry form and both waivers.

Email entries will be accepted, however, a signed copy must be brought to registration on the first day of the event.

- **Entry Fee: \$60.00**
- **Entry Fee is \$70.00 if renting a Charleston Lake Riding School (CLRS) pony. Riders will need to help groom and tack up.**
- **Payment via Cheque payable to SLOV or cash paid to the regional chair (Brian Zimmerman - don't mail cash) must be received by 15 May 2013.**
- **Jumping will be stadium only.**
- **A cross country jumping (XC) clinic will be available (weather/field conditions permitting) following the competition for those interested. Please contact Wendy Waller directly (wendyvandpaul@1000island.net phone (613) 659-2039) to make arrangements and to confirm vet requirements, boarding info etc. You must register with Wendy in advance to participate in the clinic.**
- **The cost for the cross country clinic will be \$15.00 on rider's own horse and \$25.00 on a school horse. Pay Wendy Waller directly. Rider must wear a cross country vest. The XC organizer will make final decision on the day confirming that a rider is safe to go cross country.**

E level (untested) Pony Club members ARE eligible to compete at SLOV Regional Tet 2013.

Entries may be submitted via any of the following methods:

Canada Post to: Brian Zimmerman, 2438 Railton Rd, Sydenham ON, K0H 2T0;
e-mail them to brian.linda2438@gmail.com or Brian.Zimmerman@rmc.ca or;
fax to (613) 541-6867

A completed form (mailed, faxed or via email) AND full payment MUST be received no later than 15 May in order for your registration to be valid.

Questions? Home (613) 376-6455 or Work (613) 541-6000 extension 3983

SCHEDULE OF EVENTS: Keep for your Information

Start Times:

- **Sat** Registration 08:30 to 09:00 Sanger's Farm 1255 Unity Road.
 - Proceed 5.7 Km North of the 401 on Hwy 10 (Division St) to Unity Road, turn East. 1.2 Km East, turn South (looks like a big gravel driveway) look for big green barn and silo 700m south of Unity Road. Watch for bikes and TETman! See map.
 - Info briefing for all participants & parents 0900 Sanger's Barn 1255 Unity Rd
 - Shoot starts at 09:30 sharp in the barn
- **Sun** Registration 08:00 to 09:00 at the CLRS barn
 - Info briefing for all participants & parents 0900
 - Riding starts at 09:30 sharp

Venues:

- **Saturday Venues (8:30 AM to 6:30 PM):**
 - **Shoot:** 9:30 AM @ Sanger's Barn 1255 Unity Rd
 - **Run:** 12:30 PM @ trails Sanger's Barn 1255 Unity Rd
 - **Fencing Clinic** (optional, all equipment provided, please wear clean indoor running shoes) 2:30 to 3:45 PM, 362 Division St Kingston.
 - **Swim:** 5:00 – 6:30 PM @ Kingston YMCA 100 Wright Cres (Just off Bath Rd, between Princess and Sir John A)

All participants will complete each event before the next event starts. If we are done ahead of schedule, we may start the next event early. **Please do not leave the event site without first checking with the event organizer.** The fencing clinic and YMCA pool are 2 Km apart, the drive will take less than 10 min door to door.

- **Sunday Venue:**

- **Ride:** 9:30 AM @ Charleston Lake Riding School, 2636 Outlet Road, Lansdowne, ON Phone 613-659-2039
- **XC Clinic:** After Tetrathlon Rides are complete, if pre-registered.

Careful: not all car GPS systems will recognize this address!

1. Take Hwy #401 to Exit 659- to County Rd 3/Reynolds Rd. Turn north onto Reynolds Rd
2. Cross Hwy #2 – Rapid Valley Restaurant at this cross road. Drive through Lansdowne, taking the slight jog in the road at the top of the hill, and continue out of town. Go past the Fair Grounds and Municipal Office.
3. Continue north on County Rd 3. CLRS is on the left side, approx 200m past Sand Bay/Warburton Road (CR 4) It is just before the large County Road Maintenance Building, and south of Outlet.

Canteen Information:

There will **not** be a canteen set up for either day.

For the Saturday, there is a wide selection of restaurants (fast food and sit down) immediately South of the hwy 401 and Division St interchange, on the direct route between the shoot/run venue and the fencing and swimming venues. There will be ample time to stop for eats between activities.

On Sunday, there is a restaurant that provides take out just minutes South of the CLRS.

Medical Armbands are mandatory. OEF or FEQ membership required.

St Lawrence-Ottawa Valley Regional Tetrathlon 2013

Entry and Information Form

Event Dates: Saturday 25 May and Sunday 26 May, 2013

Entry **DEADLINE: Wednesday 15 May, 2013.**

Name: _____ Age as of 1 Jan 2013: _____
Branch: _____ Pony Club Level Achieved (E if untested): _____
Address: _____
City: _____ Province: _____
Telephone: _____ Postal Code: _____
Email: _____ OEF or FEQ # _____
Name of Parent/Guardian: _____
Emergency telephone: _____
Name of Chaperone on each day: _____
List disabilities or allergies we should know about: _____

Division:

Please tick the division that corresponds to competitor's age on **1 January 2013**. Children aged 9 years and under may enter either Novice A or Novice B, at parent/guardian discretion.

Senior Women (15 + years):	<input type="checkbox"/>	Senior Men (15+ years):	<input type="checkbox"/>
Junior Women (12-14 years):	<input type="checkbox"/>	Junior Men (12-14 years):	<input type="checkbox"/>
Novice A Women (11 yrs & under):	<input type="checkbox"/>	Novice A Men (11 yrs & under):	<input type="checkbox"/>
Novice B Women (9 yrs & under):	<input type="checkbox"/>	Novice B Men (9 yrs & under):	<input type="checkbox"/>

Swimming Information:

The competition pool is 25m in length. Any swimmer at any level may swim with a flutter board, and may ask for a flutter board at any point in the race. Swimmers may dive from the side of the pool or start in the water with their hand touching the pool deck. Please indicate your fastest swim time (if known) so that you may be assigned to an appropriate heat.

Seniors and Juniors at 200M _____
Novice A at 100M _____
Novice B at 50m _____
Time unknown, but I can swim this distance comfortably _____ (pool lengths or meters)

Running Information:

Standard run distances are:

Seniors & Juniors: 2000m Novice A: 1000m Novice B 500m

There will be a course walk for competitors before the run. Please pay attention, so that you do not get lost when you are running on the course by yourself. Runners will start individually, at 15 sec or 30 sec intervals (depending on the number of runners).

SLOV Regional Tetrathlon 2013 Required Signatures:

To the best of my knowledge (competitor's name) _____ is safe to compete over stadium fences of this height _____ on a horse she or he does not know.

Comments:

Signature Riding Coach or DC _____ Date: _____

Riding Coach or DC Name (please print): _____

I (competitor) _____, wish to compete in the 2013 SLOV

Regional Tetrathlon Competition.

Competitor's Signature: _____ Date: _____

If the competitor is under the age of 18 years, the parent/guardian must also sign below.

I acknowledge as parent/guardian of _____ that I have read and fully understand and agree to the terms and conditions stated herein on behalf of _____ and myself.

Parent/Guardian Signature: _____ Date: _____

***ACCEPTANCE OF RISK AND AGREEMENT FOR RELEASE AND WAIVER**

I request permission for me/my child (competitor's name) _____, to participate in the activities of Tetrathlon including swimming at Kingston YMCA, running, and shooting at 1255 Unity Rd Kingston on 25 May 2012.

I accept and assume all the risks of injury (including death) to me/my child or property belonging to my child or me. I represent and warrant that I have the authority to give this release.

In exchange for me/my child being permitted to participate in these activities, from my child, myself, my child's heirs, guardians, and legal representatives, I release and agree not to make or bring any claim of any kind against any of: Canadian Pony Club, St Lawrence-Ottawa Valley Region, Kingston & Region Pony Club, Kingston YMCA and/or their owners, organizers, volunteers, officers, directors, employees, contractors, agents and persons making property available for use, for any injury (including death) to me/my child or any damage to property belonging to me or my child whether from anyone's negligence or not, or any other cause arising out of me/my child's participation in the swimming, running and shooting activities.

I also agree that if anyone makes any claims because of any injury to me/my child (including death), or for any damage to property belonging to my child, I will indemnify and keep all those released by this agreement except for those that I have no authority to release, free of any damages or costs from such claims. I agree not to make any claims against any other person or entity, which might claim contribution from, or to be indemnified by, any of the above parties.

Signature of Participant _____ Date: _____

If the participant is under 18 years of age, the parent/guardian must sign below.

I acknowledge as Parent/Guardian of _____ that I have read and fully understand and agree with the terms and conditions stated herein on

behalf of _____ and myself.

Parent/Guardian: _____

Date: _____

Release of Liability for under 18 years of age (Charleston Lake Riding School)
ACKNOWLEDGMENT of RISK and RELEASE of LIABILITY-"For Participants Not 18 Years Old"

Please Print Clearly.

Infant's Participant's Name _____ Date of Birth _____
 Infant's Address _____ City _____ Prov _____
 Postal Code _____

Guardian's Name _____ Date of Birth _____
 Guardian's Address _____ City _____
 Prov _____ Postal Code _____

THE GUARDIAN MUST READ AND UNDERSTAND PRIOR TO THE INFANT PARTICIPATING IN EQUINE ACTIVITIES.
 To Charleston Lake Riding School, their directors, employees, officers, volunteers, business operators, and site property owners.(all of them collectively called the HOST).

Initial each item below after Reading and Understanding the Item. (at the side of each paragraph)

_____ 1) I am the Parent and/or Legal Guardian of the Infant Participant named above and am executing this form on behalf of the infant participant in my capacity as parent and/or guardian and with the intent that this form be binding on myself and infant Participant for all legal purposes.

_____ 2) I understand there are inherent DANGERS, HAZARDS, and RISKS (collectively called RISKS) associated with Equine Activities and injuries resulting from these "RISKS" are a common occurrence.

_____ 3) I Acknowledge that the inherent 'RISKS' of Equine Activities mean those DANGEROUS conditions which are an integral part of Equine Activities, including but not limited to:
 >the propensity of any equine to behave in ways that might result in injury, harm or death to persons on or around them and to potentially collide with bite or kick other animals, people, or objects;
 >the unpredictability of an equine's reaction to such things as sounds, sudden movement, tremors, vibrations, objects, persons or other animals and hazards such as subsurface objects;
 >the potential for other participant(s) to act in a negligent manner that might contribute to injury to themselves or others, such as failing to act within their ability to maintain control over an equine.

_____ 4) I Freely Accept and Fully Assume All Responsibility for the inherent "RISKS" and the possibility of personal injury, death, property damage or loss which might result from the infant being a participant.

_____ 5) I Acknowledge that it remains my Sole Responsibility for the safety of the infant participant and for the infant to participate within his/her own limits.

_____ 6) In addition to consideration given for the infant to participate in Equine Activity, I and my heirs, executors, administrators and assigns (collectively called my "Legal Representatives") agree;
 >To Waive all claims that I or the infant participant might have against the "HOST" ; and,
 >To Release the "HOST" from Any and ALL liability for loss damages, injury, or expense that I , the infant Participant or our "Legal Representatives" might suffer as a result of the infant's Participation due to any cause including any NEGLIGENCE ON THE PART OF THE "HOST"; AND,
 >To HOLD HARMLESS AND INDEMNIFY the "HOST" from any and all liability for property damage or personal injury to the infant Participant or to any third party which might result from the infant's Participation.

Before signing this form I read it (as indicated by my initials above) and I state that I understand it, I further state I am aware that signing this form waives certain legal rights I and/or the infant Participant and/or our "Legal Representatives" might have against the "HOST"

SIGNED This _____ day of _____ 20_____

 (Print Name of Host Witness to signing & Initialing)

 (Signature of Participant)

 (Signature of HOST Witness)

 (Parent or Guardian Signature)