

St Lawrence-Ottawa Valley Regional Tetrathlon 2012

Entry and Information Form

Event Dates: Saturday 5 May and Sunday 6 May, 2012

Entry **DEADLINE: Wednesday 25 April**, 2012.

Late entries will be considered up to 30 April.

A late entry fee of \$20 may be applied at the discretion of the organizer.

Refunds will be considered on a case by case basis.

Please read all pages, carefully enter all required information, and sign the entry form and both waivers.

Email entries will be accepted, however, a signed copy must be brought to check in/registration on the first day of the event.

Entry forms and payment will be accepted at the Perth mini-meet on 22 April.

- **Entry Fee:** \$60.00
- **Entry Fee is \$70.00 if renting a Charleston Lake Riding School (CLRS) pony. Riders will need to help groom and tack up.**
- **Payment via Cheque payable to SLOV or cash paid to the regional chair (Brian Zimmerman - don't mail cash) must be received by 25 April, 2012.**
- **Jumping will be stadium only.**
- **A cross country jumping (XC) clinic will be available (weather/field conditions permitting) following the competition for those interested. Please contact Wendy Waller directly (wendyvandpaul@1000island.net phone (613) 659-2039) to make arrangements and to confirm vet requirements, boarding info etc. You must register with Wendy in advance to participate in the clinic.**
- **The cost for the cross country clinic will be \$15.00 on rider's own horse and \$25.00 on a school horse. Pay Wendy Waller directly. Rider must wear a cross country vest. The XC organizer will make final decision on the day confirming that a rider is safe to go cross country.**

E level (untested) Pony Club members ARE eligible to compete at SLOV Regional Tet 2012.

Entries may be submitted via any of the following methods:

Canada Post to: Brian Zimmerman, 2438 Railton Rd, Sydenham ON, K0H 2T0;
e-mail them to brian.linda2438@gmail.com or Brian.Zimmerman@rmc.ca or;
fax to (613) 541-6867

A completed form (mailed, faxed or via email) AND full payment MUST be received no later than 25 April, 2012 in order for your registration to be valid.

Questions? Home (613) 376-6455 or Work (613) 541-6000 extension 3983

SCHEDULE OF EVENTS

Start Times:

- **Sat** Registration 08:00 to 09:00 Constantine Arena main entrance
 - Info briefing for all participants & parents 0900 Constantine Arena bleachers
 - Shoot starts at 09:30 sharp
- **Sun** Registration 08:00 to 09:00 at the CLRS barn
 - Info briefing for all participants & parents 0900
 - Riding starts at 09:30 sharp

Venues:

- **Saturday Venues (8:00 AM to 6:30 PM):**
 - a. **Shoot:** 9:30 AM @ Constantine Arena, Royal Military College, 7 Duty Drive, Kingston
 - b. **Run:** 1:00 PM @ Navy Bay Sports Fields, RMC Kingston (just inside front gate on the left, subject to change)
 - c. **Swim:** 5:00 PM @ Kingston Military Community Sports Center (KMCSC) pool, adjacent to the Constantine Arena
- **Sunday Venue:**
 - a. **Ride:** 9:30 AM @ Charleston Lake Riding School, 2636 Outlet Road, Lansdowne, ON Phone 613-659-2039
 - b. **XC Clinic:** After Tetrathlon Rides are complete.

Medical Armbands are mandatory. OEF or FEQ membership required.

Name: _____ Age as of 1 Jan 2012: _____

Branch: _____ Pony Club Level Achieved (E if untested): _____

Address: _____

City: _____ Province: _____

Telephone: _____ Postal Code: _____

Email: _____ OEF or FEQ # _____

Name of Parent/Guardian: _____

Emergency telephone: _____

Name of Chaperone on each day: _____

List disabilities or allergies we should know about: _____

Division:

Please tick the division that corresponds to competitor's age on **1 January 2012**. Children aged 9 years and under may enter either Novice A or Novice B, at parent/guardian discretion.

Senior Women (15 + years):	<input type="checkbox"/>	Senior Men (15+ years):	<input type="checkbox"/>
Junior Women (12-14 years):	<input type="checkbox"/>	Junior Men (12-14 years):	<input type="checkbox"/>
Novice A Women (11 yrs & under):	<input type="checkbox"/>	Novice A Men (11 yrs & under):	<input type="checkbox"/>

Novice B Women (9 yrs & under):

Novice B Men (9 yrs & under):

Riding Information:

- **Elimination & Mandatory Retirement** in riding at the third refusal on course
- **Elimination & Mandatory Retirement (may not remount)** on first fall of rider or horse anywhere on the site on the day.

To qualify for optimum points (750) you must jump your division's standard height:

Senior: 3'3"

Junior: 2'9"

Novice A: 2'

Novice B: 18"

Riders not comfortable/safe at these heights may jump any height lower than the standard, with a penalty of 250 points. Please tick which height you plan to jump in the stadium competition:

- 3'3" - **Seniors** only (no penalty).
- 2'9" - **Juniors** (no penalty). Seniors with a penalty.
- 2'3" - Juniors & Seniors with penalty.
- 2' - **Novice A** (no penalty). Juniors & Seniors with penalty.
- 18" - **Novice B** (no penalty). Nov A, Juniors & Seniors with penalty.

Are you bringing your own horse?

Yes No

If you need a horse, what is the height of the rider? _____

What size horse is the rider accustomed to? _____

Long-sleeved shirts (no show jacket required), certified helmet, heeled boots and medical armband are mandatory. Salute the judge.

On the day, the Riding Event Warm-up Coach has the discretion to downgrade any rider who is deemed unsafe at their chosen height. The Warm-up Coach's decision is final. Direct questions to the Regional Tet Chair.

Shooting Information:

Will you be bringing your own pistol? Yes No

If borrowing a SLOV pistol, are you: Left-handed? Right-handed?

If bringing your own and sharing it with another competitor, with whom? _____

Shooting Standards:

- Senior & Junior, 10m range, one hand only
- Novice A and Novice B, 10m range, two hands, no resting

Novices **should** have an assistant at the line to help pump/load the pistol.

Seniors & Juniors using two hands, or Novices resting their arms or guns on the table whilst firing may be **eliminated** from the shooting phase, and receive 0 points in the shoot. This is worse than shooting with the correct number of hands yet not hitting the target at all, as you get 175 points for trying.

Swimming Information:

The competition pool is 25m in length. Any Swimmer at any level may swim with a flutter board, and may ask for a flutter board at any point in the race. Swimmers may dive from the side of the pool or start in the water with their hand touching the pool deck. Please indicate your fastest swim time (if known) so that you may be assigned to an appropriate heat.

Seniors and Juniors at 200M _____

Novice A at 100M _____

Novice B at 50m _____

Time unknown, but I can swim this distance comfortably _____ (pool lengths or meters)

Running Information:

Standard run distances are:

Seniors & Juniors: 2000m

Novice A: 1000m

Novice B 500m

There will be a course walk for competitors before the run. Please pay attention, so that you do not get lost when you are running on the course by yourself. Runners will start individually, at 15 sec or 30 sec intervals (depending on the number of runners).

SLOV Regional Tetrathlon 2012 Required Signatures:

To the best of my knowledge (competitor's name) _____ is safe to compete over stadium fences of this height _____ on a horse she or he does not know.

Comments:

Signature Riding Coach or DC _____ Date: _____

Riding Coach or DC Name (please print): _____

I (competitor) _____, wish to compete in the 2012 SLOV

Regional Tetrathlon Competition.

Competitor's Signature: _____ Date: _____

If the competitor is under the age of 18 years, the parent/guardian must also sign below.

I acknowledge as parent/guardian of _____ that I have read and fully understand and agree to the terms and conditions stated herein on behalf of

_____ and myself.

Parent/Guardian Signature: _____ Date: _____

***ACCEPTANCE OF RISK AND AGREEMENT FOR RELEASE AND WAIVER**

I request permission for me/my child (competitor's name) _____, to participate in the activities of Tetrathlon including swimming at CFB Kingston Indoor Pool, running, and shooting at CFB Kingston, respectively, on 5 May 2012.

I accept and assume all the risks of injury (including death) to me/my child or property belonging to my child or me. I represent and warrant that I have the authority to give this release.

In exchange for me/my child being permitted to participate in these activities, from my child, myself, my child's heirs, guardians, and legal representatives, I release and agree not to make or bring any claim of any kind against any of: Canadian Pony Club, St Lawrence-Ottawa Valley Region, Kingston & Region Pony Club, CFB Kingston, Royal Military College of Canada, and/or their owners, organizers, volunteers, officers, directors, employees, contractors, agents and persons making property available for use, for any injury (including death) to me/my child or any damage to property belonging to me or my child whether from anyone's negligence or not, or any other cause arising out of me/my child's participation in the swimming, running and shooting activities.

I also agree that if anyone makes any claims because of any injury to me/my child (including death), or for any damage to property belonging to my child, I will indemnify and keep all those released by this agreement except for those that I have no authority to release, free of any damages or costs from such claims. I agree not to make any claims against any other person or entity, which might claim contribution from, or to be indemnified by, any of the above parties.

Signature of Participant _____ Date: _____

If the participant is under 18 years of age, the parent/guardian must sign below.

I acknowledge as Parent/Guardian of _____ that I have read and fully understand and agree with the terms and conditions stated herein on

behalf of _____ and myself.

Parent/Guardian: _____

Date: _____

Release of Liability for under 18 years of age (Charleston Lake Riding School)
ACKNOWLEDGMENT of RISK and RELEASE of LIABILITY-"For Participants Not 18 Years Old"

Please Print Clearly.

Infant's Participant's Name _____ Date of Birth _____
Infant's Address _____ City _____ Prov _____
Postal Code _____

Guardian's Name _____ Date of Birth _____
Guardian's Address _____ City _____
Prov _____ Postal Code _____

THE GUARDIAN MUST READ AND UNDERSTAND PRIOR TO THE INFANT PARTICIPATING IN EQUINE ACTIVITIES.
To Charleston Lake Riding School, their directors, employees, officers, volunteers, business operators, and site property owners.(all of them collectively called the HOST).

Initial each item below after Reading and Understanding the Item. (at the side of each paragraph)

_____ 1) I am the Parent and/or Legal Guardian of the Infant Participant named above and am executing this form on behalf of the infant participant in my capacity as parent and/or guardian and with the intent that this form be binding on myself and infant Participant for all legal purposes.

_____ 2) I understand there are inherent DANGERS, HAZARDS, and RISKS (collectively called RISKS) associated with Equine Activities and injuries resulting from these "RISKS" are a common occurrence.

_____ 3) I Acknowledge that the inherent 'RISKS' of Equine Activities mean those DANGEROUS conditions which are an integral part of Equine Activities, including but not limited to:
>the propensity of any equine to behave in ways that might result in injury, harm or death to persons on or around them and to potentially collide with bite or kick other animals, people, or objects;
>the unpredictability of an equine's reaction to such things as sounds, sudden movement, tremors, vibrations, objects, persons or other animals and hazards such as subsurface objects;
>the potential for other participant(s) to act in a negligent manner that might contribute to injury to themselves or others, such as failing to act within their ability to maintain control over an equine.

_____ 4) I Freely Accept and Fully Assume All Responsibility for the inherent "RISKS" and the possibility of personal injury, death, property damage or loss which might result from the infant being a participant.

_____ 5) I Acknowledge that it remains my Sole Responsibility for the safety of the infant participant and for the infant to participate within his/her own limits.

_____ 6) In addition to consideration given for the infant to participate in Equine Activity, I and my heirs, executors, administrators and assigns (collectively called my "Legal Representatives") agree;
>To Waive all claims that I or the infant participant might have against the "HOST" ; and,
>To Release the "HOST" from Any and ALL liability for loss damages, injury, or expense that I , the infant Participant or our "Legal Representatives" might suffer as a result of the infant's Participation due to any cause including any NEGLIGENCE ON THE PART OF THE "HOST"; AND,
>To HOLD HARMLESS AND INDEMNIFY the "HOST" from any and all liability for property damage or personal injury to the infant Participant or to any third party which might result from the infant's Participation.

Before signing this form I read it (as indicated by my initials above) and I state that I understand it, I further state I am aware that signing this form waives certain legal rights I and/or the infant Participant and/or our "Legal Representatives" might have against the "HOST"

SIGNED This _____ day of _____ 20_____

(Print Name of Host Witness to signing & Initialing)

(Signature of Participant)

(Signature of HOST Witness)

(Parent or Guardian Signature)

Keep For Your Information

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Careful: not all car GPS systems will recognize this address!

1. Take Hwy #401 to Exit 659- to County Rd 3/Reynolds Rd. Turn north onto Reynolds Rd
2. Cross Hwy #2 – Rapid Valley Restaurant at this cross road. Drive through Lansdowne, taking the slight jog in the road at the top of the hill, and continue out of town. Go past the Fair Grounds and Municipal Office.
3. Continue north on County Rd 3. CLRS is on the left side, approx 200m past Sand Bay/Warburton Road (CR 4) It is just before the large County Road Maintenance Building, and south of Outlet.