

Land O'Lakes Tetrathlon Clinic and Mini-Meet

Sunday, March 30, 2008

Entry Deadline: Thursday, March 27, 2008

Location: Shooting and running at St. John Catholic High School, 2066 Scotch Line Road, Perth - Swimming at Perth and District Indoor Pool, 80 Wilson St. West, Perth Riding at Preston Rosedale Farm, Christie Lake Rd., Perth

Cost: Entry Fee: **\$35.00 by March 19**
\$45.00 after March 19 to March 27
Please make check payable to Land O Lakes Pony Club

(If not entering all 4 phases, individual competitions are \$10.00, \$15.00 for riding by March 19 or \$12.00 and \$20.00 for riding if entering later.)

Members competing in all 4 phases will be able to place in the overall Tetrathlon competition. (1st to 6th)

Top 3 individuals in each phase within the divisions for all competitors will also receive ribbons.

Coffee and light breakfast items will be available for purchase in the morning: warm lunch and snacks during the day.

Suggested Schedule:

8:15 Registration, pick up pinnies at St. John Catholic High School, Perth
8:30 -10:15 Shooting competition
travel to Perth & District Pool (about 10 minutes from school)
Groups not shooting will do cross country course walk
Volunteers take down shooting range
10:45 -12:00 Swimming competition (be dressed and ready to swim at appointed time please)
12:30 - 4:00 *Running at St. John and riding at Preston Rosedale Farm according to schedule (Farm is about 10 minutes from school and 10 minutes from pool)*
4:30 Awards at St. John Catholic High School (or as soon as possible after tabulation of scores)

Scoring

See Tetrathlon Rules in Downloads at www.canadianponyclub.org for complete scoring.

Competitors must run and swim the distances of their appropriate age division, however, They can run (or walk) at their own speed and flutterboards may be used for swimming at any level without penalty.

Novice A and B may shoot with two hands but may not rest the pistol on the table, etc. No bonus will be awarded for shooting one-handed.

If riding at a lower level than stated for the age division, there will be a penalty of 250 points.

* Riders are encouraged to choose a level lower than what they may jump at home with a familiar mount and the support of a coach. Judge, barn owner and organizer reserve the right to move a competitor to a lower level for safety concerns.

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Only competitors participating in all 4 phases are eligible to place for overall Tet. ribbons.

Entry Form

Competitor's name: _____

Phone Number: _____ Email: _____

Age(on Jan 1, 2008): _____ Parent or Chaperone _____

Phone Number: _____ Email: _____

Member in good standing of _____ Pony Club

Pony Club Level:(circle one): E D D1 D2 C C1 C2 B B2

Have you competed in a Tetrathlon/Pentathlon before? Yes No

If yes, when? _____

Highest Swimming Level Completed: Aquaquest level _____ or best swim time _____

How many lengths can you easily swim? _____

Do you need to borrow an air pistol? (available at SJCHS for the shoot) Yes No

If no, are you sharing a pistol with someone (yours or theirs)? Yes No

If yes, provide name of person with whom you are sharing _____

Do you have any physical disabilities we should know about? Yes No

If yes, provide details _____

Do you have any allergies, asthma, etc.? Yes No

If yes, please provide details _____

Tetrathlon Divisions: Competitors should be placed in divisions based on age

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Name:	Swimming	Running	Shooting	Riding (max)	Enter Here
Gender: M F					
Novice B (9 and under)	50 Meter	500 Meter	10 meter/ 2 hands	18	
Novice A (11 and under)	100 Meter	1000 Meter	10 meter/ 2 hands	2	
Junior (age 12-14)	200 Meter	2000 Meter	10 Meter	2 9	
Senior (age 15-21)	200 Meter	2000 Meter	10 Meter	3 3	

*ACCEPTANCE OF RISK AND AGREEMENT FOR RELEASE AND WAIVER

I request permission for me/my child (competitor s name) _____, to participate in the activities of Tetrathlon including swimming at Perth and District Indoor Pool, running, and shooting at St. John Catholic High School, respectively, on March 18, 2007

I accept and assume all the risks of injury (including death) to me/ my child or property belonging to my child or me. I represent and warrant that I have the authority to give this release.

In exchange for me/ my child being permitted to participate in these activities, from my child, myself, my child s heirs, guardians, and legal representatives, I release and agree not to make or bring any claim of any kind against any of: Canadian Pony Club, St Lawrence-Ottawa Valley Region, Land O Lakes Pony Club., Perth and District Indoor Pool, St. John Catholic High School, and/or their owners, organizers, volunteers, officers, directors, employees, contractors, agents and persons making property available for use, for any injury (including death) to me/my child or any damage to property belonging to me or my child whether from anyone s negligence or not, or any other cause arising out of me/my child s participation in the swimming, running and shooting activities.

I also agree that if anyone makes any claims because of any injury to me/my child (including death), or for any damage to property belonging to my child, I will indemnify and keep all those released by this agreement except for those that I have no authority to release, free of any damages or costs from such claims. I agree not to make any claims against any other person or entity, which might claim contribution from, or to be indemnified by, any of the above parties.

Signature of Participant _____ Date: _____

If the participant is under 18 years of age, the parent/guardian must sign below.

I acknowledge as Parent/Guardian of _____ that I have read and fully understand and agree with the terms and conditions stated herein on behalf of _____ and myself.

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Parent/Guardian: _____

Date: _____

Email entries to Janice Stevens at stevensfarm@lincsat.com or mail them to Janice Stevens 2890 Old Hwy 17, Rockland, Ont. K4K 1W3

We must have an email or the completed form to consider your child entered. For more information, phone: Janice Stevens 613-446-7439(h) 613-850-1706 (cell)

Preston Rosedale Farm Waiver of Liability

WHEREAS, the undersigned, (Releasor) acknowledge(s) and understand(s) that horseback riding, the care and handling of horses and all related activities are by their nature activities with unknown and inherent risks thereby exposing the undersigned to possible serious personal injury and death due to the nature of participating in the various equestrian activities at Preston Rosedale Farm.

FOR GOOD and VALUABLE CONSIDERATION, the receipt and sufficiency of which is hereby acknowledged, the undersigned hereby release and forever discharge Preston Rosedale Farm, (Releasee) and its principals shareholders, officers, directors, employees, volunteers, guest teachers and demonstrators, their heirs, executors, administrators, personal representatives, successors and assigns from any and all manner of actions, causes of action, suits, covenants, contracts, claims and demands for damages, loss if injury, howsoever caused, including but not limited to direct, indirect or consequential injuries and damages, which I ever had, now have, shall or may hereafter have not limited to direct, indirect or consequential injuries and damages, which I ever had, now have shall or may hereafter have or be sustained by me/we for or by reason of any cause, matter or thing as a result of my attendance at or use of, facilities and premises at Preston Rosedale Farm.

AND FOR SAID CONSIDERATION I/we further agree not to make or take any proceedings against any other person or corporation who might claim contribution or indemnity under the provisions of the Negligence Act, R.S.O. 1990, and all amendments thereto from the person, persons or corporation discharged by this release.

AND the Releasor hereby declares she/he fully understands the terms of this Release, and that in addition to the aforesaid consideration, further acknowledges that the signing of this release is a pre-condition of the undersigned being able to attend at and participate in horseback riding or any related activity at Preston Rosedale Farm, and as such this release is accepted by her/him voluntarily for the purpose of attending a seminar, workshop or any related activity and use of the facilities at Preston Rosedale Farm. The undersigned further understands and acknowledges they have read and received a copy of this release and that she/he has had an opportunity to consider same prior to signing same and agreeing to attend any activity at Preston Rosedale Farm and that in the event that this form of Release is not signed and acknowledged by said person or attendee, she/he shall not be permitted to participate in any activity until this release is executed.

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IN WITNESS THEREOF, I/we have hereunto set my/our hand, dated at the
City /Town of _____ this _____ day of _____,
200____.

SIGNED, SEALED and DELIVERED

In the presence of :

x _____

x

(Print name above)

(Print witness name above)

(Signed by Parent if participant is a child under 18 years old)

X _____
(Signature of Child)

(Name of Child)

Phone and address of Releasor:

Phone and Address of Witness: