

RCRR 2007

A Guide to Help you Prepare For Rally

Stable Signs

Every participant must have a stable sign on their stall that contains all of the important information about your horse or pony. This needs to be prepared in advance. You can be as creative as you like but it must be easy to read. You can choose a theme of color and design for your team and they may be hand done or done on a computer. Plastic page covers are recommended to keep your sign in good condition during Rally. The stable judge will be checking your sign.

Horse/Pony : You must include Horse/Pony Name, Age, Height, Breed, Gender, Name of regular Vet & Phone #, Name of regular Farrier & Phone #, Name of owner (if not self) & phone #, a recent Photo of Horse/Pony, and Your name, an emergency contact with name and number, your chaperone's Name and the branch of Pony club you belong to.

TPR: You must include the average normal body temperature, pulse and respiration. The best way to ensure this information is accurate is to check the vitals over a period of days or weeks and then average the results.

Feed: the amount in weight and when. All feed & supplements must be listed.

Vices: List any vices or habit your horse/pony may have. If there is any concern about aggressiveness it is really important to include this information on your stall sign so that Judges and others know to be more cautious. (The judge does enter the stall to check sheaths/udders & feet for cleanliness)

Medications : Medications of any kind must be noted on the stable sign. Medications of any kind are not to be kept at the stall by any individuals. This includes "bute" Medications must be given to the stable management judge when you arrive. Please mark the container with the Horse/Pony's name, your stall number and your name. The judge will bring the medication to you when needed. Please check CPC Rally rule book for allowed medications.

"For first time Rally Goers"

Along with Educational clinics, group activities, and **Horses/Ponies**, come responsibilities. Your Horse/pony must always be your number 1 responsibility. Stable management and overall Horse/Pony handling during the 2 1/2 days will be a competition. It is our goal to make this a Safe and Fun environment where participants can learn and have a great time leaving RCRR with memories to last a life time.

General Rules

Organizing yourself as part of a team is important. Please be on time for your clinics and meals. All participants must leave the stable area (finished or not!) at the designated Stable Judging times and may not return until the Judge has completed her rounds. Penalty points are geared to severity for breaches of rules.

1. At all times, All participants must wear their medical armband, Pony club Pin and assigned Pinny (over all other clothing). The Pinny must be tied at all times.
2. Running shoes or sandals and shorts are not permitted to be worn in the stable area what so ever. You must wear paddock or riding boots. PJ bottoms are permitted.
3. When leading your Horse or Pony you must have a halter and proper lead, lead on the Horse or Pony's left side with your right hand on the lead by the halter and the remaining length of lead in your left hand.

4. Only walk your Horse or Pony in designated areas. At no point may a Horse or Pony be let loose in the paddock or other space without prior permission.

5. Only the Riding participants, clinicians and Stable Master may handle the Horses & Ponies, tack and perform stable duties. Parents and Chaperones can view but may not help in any way. The only exception to this rule would be in the event of an emergency or when safety is at risk.

Under special circumstance a coach or trainer or may receive permission to use the ring to lunge an energetic Horse or Pony. We recognize that not all Horses/Ponies are accustomed to an indoor board situation. Lack of "free turn out" can cause an abundance of energy.

6. The stall door must be secure at all times when the horse or Pony is in the stall. If the Horse or Pony is in the stall while you are mucking etc it must be tied using a trailer tie or cotton lead tied in a quick release knot.

7. The wheel barrow or muck bucket must not be inside the stall but placed at the door while mucking. Muck buckets and wheel barrows are to be emptied at the designated cement pad. Any manure lost along the way must be picked up.

8. Never leave left over feed in your pails and wash your feed and water pails often. Any feed other than hay must be in secure containers.

9. All mucking tools must be secured when not in use.

10. Your tack must be clean at all times. Remember to wash that bit and wipe down your tack after every ride. Wet saddle pads should not be left under the saddle when on the rack at your stall.

The following advice was written by An "Avid" Rally Goer : (slight repeat of the above but good advice)

1. Your horse should **always** be **Priority number "1"**. He/she must always have fresh water, a clean stall, sufficient food that follows his schedule, and be comfortable. He should be walked regularly in addition to his exercise throughout the rally, and should always be spotless (Feet picked & clean, no manure or sweat stains, tail shiny & tangle free, feed and water pails must be clean etc).
2. Your team members are **Priority "2"**. You can take charge and are obliged to take responsibility of your own Horse/Pony and stall area, but as a loyal teammate should also look out for your fellow team members. For example, lend a hand if a team member is bathing their horse, two hands are always better than one. Team work is essential.
3. A good rally motto is: "If something needs to be done, then do it." What this means is, if your teammate is mucking their stall, and you aren't currently preoccupied, then clean the dirty bridle on their rack. Remember; stable management scores count for the *team*, not the individual. This, however, doesn't mean you should neglect your own list of things to do.
4. Always practice safe, sane horsemanship. At a Rally, you must follow the Pony Club standards of horse/pony handling at all times. The Stable Judge will give penalty points. Ie: the Horse must be tied using a trailer tie in the stall while you are mucking, always use a proper halter and lead while leading, keep your stall door secure at all times, lead your horse on the correct side, check your girth at least once before you ride, and follow all other regular pony club rules. There are safety precautions we must bring to the rally that we don't use at home, where we

are comfortable and familiar. The rally could be new to you and your horse as well, which must be taken into consideration.

5. All rally rules should be strictly followed. As a rally participant, you should make a strong effort to be punctual throughout the rally. Be the first team in the barn in the morning, rather than the last. Arrive at your mounted clinic early. Leave the barn at lights out, rather than wait for the barn supervisor to chase you out. All these things can have an effect on your stable management score, as punctuality also shows commitment and consideration.
6. Do not leave all your work to an hour before stable management checks. Its much better to get everything done the night before, or immediately after a check, when you know what you need to fix, and can take time to make sure it's perfect. One thing you do **not** want to be late for is leaving the barn for the checks. If a stable management judge has arrived, seeing you scramble around to clean up isn't a very good impression. Meals, which coincide with SM checks, are one event you want to arrive early at, as they are first-come, first-served!
7. Practice good sportsmanship. Along with looking out for your teammates and club members, you should keep an eye out for fellow ralliers who need a hand. Yes, there is competition between clubs and teams, but say, for example, another rally-goers stirrup leather breaks, do not hesitate to lend them your extra. Don't forget we are all here for the same reason, our love of horses.
8. Enthusiasm, team spirit, and support for your team members are greatly encouraged.

Most importantly...HAVE FUN! Learn! Do your best! As pony clubbers, we should do what we can to ensure that everyone at the rally is enjoying themselves.

Every individual item from tack to clothing to grooming supplies and feed must be labeled with the participants number. Medical tape works really well for this as it usually sticks even when wet. For team shared items mark them with all four numbers.

Spare reins, pads, blankets, boots etc may be kept in a Tack box or plastic bin in the tack room. The judge will check them for safety and cleanliness. Shipping equipment, blankets and boots etc should not be kept at the stable.

Keep in mind each team of four will be stabled side by side.. There is walkway in front of all stalls the length of the barn. A Club/Team banner may be hung in front of the stalls. Each team is responsible to keep this area tidy and clean.

Now for the (long) list of things to bring for the Rally

Tack and Horse Supplies Required per Horse/Pony:

Two saddle pads – So that you always have a fresh one to use.

Saddle (make sure you check all stitching and the condition of your billets before rally) Only an English saddle may be used on the cross country course and stadium.

Saddle & bridle rack: There are no bridle or saddle racks at the stalls. You must bring something to hold your saddle & bridle on. Folding saddle racks work very well. One saddle per rack.

Two sets of Stirrup Leathers – one main pair and one incase they break. (make sure all of the stitching is good, the leather in good shape and that your stirrup leathers match.)

Bridle – You may wish to bring a spare but are required to bring spare reins. Many will bring rubber reins for cross country (make sure to check your stitching and leather is in good repair)

Girth – You may bring an extra just incase. (make sure stitching and elastic ends are in good condition and there is no sign of rust on buckles)

Halter & Lead – both must be clean and in good repair. Each team should have an extra lead incase one breaks.

Hay for 4 days - Hay nets are permitted in the stalls – they are not recommended for horses who may not be accustomed.

One to Two water buckets and one feed bucket is required per horse/Pony.

Shavings as needed. Straw is available for purchase from the racetrack if that option is preferred (please let Cat know in advance if you wish to choose his option)

11. Grain/Feed Container. A plastic Rubbermaid type container works well. If feed is in ziplocks and labeled with horse/pony name and stall # they all may be placed in the same bin.

Ensure your bit and tack is legal for your riding level and pony club activity.

Additional tack depends on the requirement of the horse/pony & rider. Over reach boots, splint boots & cooler blankets may be recommended. Polos are not recommended for the cross country course.

Complete Grooming Tool Kit Required per Horse/Pony

<i>Dandy Brush</i>	<i>Curry Comb</i>	<i>Hoof Brush</i>
<i>Body Brush</i>	<i>Hoof Pick</i>	<i>Face Brush</i>
<i>Stable Rubber/rag</i>	<i>Sweat scraper</i>	<i>Mane Comb</i>
<i>Water Brush</i>	<i>Scissors</i>	<i>Towel</i>

Bathing bucket, sponge & Shampoo

4 Small sponges labeled for Dock, Nose, Left eye & Right eye (put in baggies to keep separate)

Metal Curry Comb for cleaning brushes Kit to hold all grooming tools

The following Equipment is required one Kit Per Team

Tack cleaning kit which includes:

<i>Leather cleaner or saddle soap</i>	<i>Small buckets for cleaning tack</i>
<i>Emergency stitching kit</i>	<i>Sponges/rags/towels</i>
<i>Baking soda or other product to clean bits</i>	<i>Kit to hold cleaning equipment</i>
<i>(Four prong cleaning hook & bungie cord)</i>	<i>SOS pad for removing rust</i>

Bathing kit per team which includes:

<i>Shampoo</i>	<i>Conditioner if you use it</i>	<i>Small bucket</i>
<i>Scrubbies</i>	<i>Sponges</i>	<i>Towels</i>

First Aid Kits & Safety:

Human:

Must include all necessary supplies in St. John Ambulance code to be kept at stable

Horse: (refer to Pony Club manual for details)

<i>Note book and pen</i>	<i>Stethoscope</i>
<i>Poultice dressing</i>	<i>Antibacterial ointment</i>

Wound powder	bandages/vet wrap
Calamine lotion	Cotton wool
Epsom salts	Gauze or non-stick dressing
Peroxide	duct tape
Salt	Blunt-tipped scissors
Medical tape	Thermometer
Vaseline	2-4 Complete Stable bandages

Each team must have a fire extinguisher for their stable area.

Signs:

One Stall Sign per Horse/Pony & Rider (as explained earlier)

Each team must have at least one of each of the following signs for stable area:

No Smoking	Location of Human first aid & Horse first-aid
Location of fire extinguisher	

Mucking Tools, etc: (At least one of each)

Skip/wheelbarrow	Shavings fork (cherry picker)
Broom	Shovel
Large plastic Muck bucket	Rag
Small container of dish detergent & pail scrubber	

(Multiples of these tools makes stable work go faster)

Participants:

Be ready for any kind of weather

Medical Armband

Pony Club pin

Riding boots (paddock or tall)

Approved Helmet

Gloves

Riding Boots

Paddock boots for barn (no runners!)

Breeches

Toiletries:

Any you prefer, but don't forget:

Sunscreen -here's hoping

Soap and washclothes

Bug Repellent

Sleeping supplies:

You will be sleeping inside but on a concrete floor

Sleeping Bag

Pillow

Alarm Clock

Blanket

Air mattress

The following materials should be discussed either with your team or chaperones to be negotiated beforehand: -Who will bring "one-per-team" materials, so you don't end up with four per team; i.e. signs, fire extinguisher, mucking tools, kits, etc