#### CANADIAN PONY CLUB

Prepared by Lois Booy from required reading books to assist upper level members with marking practice tests. If you see any errors or omissions please advise the Regional Test Rep and we will amend the answer key.



### B LEVEL WRITTEN/ORAL - ANSWER KEY 2013

#### References:

AHSG All Horse Systems Go
CSH Conditioning Sport Horses
EVM Equine Veterinary Medicine

GTW Grooming to Win

HCH Horse Conformation Handbook HGBM Horse Gaits Balance & Movement

HN Horsemaster's Notebook

MH Manual of Horsemenship – 11<sup>th</sup> Edition

S Saddlery

US AB USPC AB Manual US C USPC 'C' Manual

US B USPC Bandaging your horse

US CMS USPC Conformation, Movement & soundness

US L&G USPC Longeing and Ground Training

Total Marks 120 Pass 78 (65%)

#### PART A - STABLE AND PASTURE

- [3] 1. Give 3 requirements of a good roof. HN p 10-11
  - Slope of roof should be at an angle of not more than 45 degrees with the horizon
  - An ideal roof should maintain an equable temperature in both hot and cold weather
  - Roof should be durable
  - Roof should be noiseless
  - Roof should fire proof
- [4] 2. If you were designing a barn, what would be your first and second choices for flooring materials. Give One advantage and one disadvantage of each. USPC AB 383-85

Concrete – suitable for aisles, tack rooms, feed rooms and wash stalls if texturized and provided with a drain. Too hard for stalls

Asphalt – suitable for aisles if provided with a slope, easy to sweep. Can be slippery, if used in stalls will trap ammonia.

Dirt – cheap and available. May become muddy, horse can create holes, needs relaying and tamping, orders linger, hard to disinfect.

Clay – as for dirt. Takes longer to dry.

Sand – for use outdoors. Provides good drainage. Heavy when wet. Horses may ingest sand and colic.

Wood – tack rooms and offices with spaces between boards to drain. Too hard and slippery for stalls or aisles. Rots and harbours pests.

*Bricks* – aisles, tackroom with slope and drain. Durable and attractive but expensive and hard to sweep.

Gravel (pea gravel) – out door aisles and stall base. Excellent drainage and traction. Hard to pick out and keep clean. If used alone as a stall floor will require mats.

Road base (limestone, gravel, dirt mix) – provides good drainage. Can be dusty. Use with stall grid to avoid holes.

Rubber mats – can be used over concrete, gravel or dirt in aisles or dirt, sand, gravel or stall base in stalls it prevents holes and provides cushion but bedding needed to absorb urine.

Stall floor grid – stabilizes dirt, gravel, limestone or road base to keep stall floor level and prevent holes. Initial expense.

# (3) 3. Give 2 purposes of a run-in shed. What is a main consideration when building such a structure? (US C 166, MH 153)

Protection from the elements( rain, wind, sun....) and biting insects and flies. There must be enough room for all horses in the field to take shelter.

#### PART B - FEEDING

### (1) 4. What is the required calcium/phosphorus ratio in a <u>mature</u> horse's diet?USPC C 192-4

Mature horses require 2 parts calcium to 1 part phosphorus. Vitamin D

#### (2) 5. Give two objectives of feeding (HN p 39)

To supply energy for work
To put flesh on the horse
For development and repair of body

#### (3) 6. What are three classifications of horse feeds? USAB 308

Roughages, concentrates and supplements

#### (2) 7. Forage should make up the bulk of the diet. USC 196 MH 169

- a) how is hay cut late in the season different from early cut hay?
- b) If cut hay is rained on before baling, what is the effect?
- a) Hay should be cut before plants mature. If hay is cut too late, the stems become coarse and woody, there are fewer leaves and much of the nutrition is lost. Early cut hay would be more nutritious, less woody, more leaf.
- b) cut hay that has been rained on but properly dried before baling will appear dusty. Cut hay that has been rained on and baled too wet may become moldy or musty.

# (2) 8. What are two ways that grain could be processed to improve digestibility for very young or aged horses? USAB 315 MH 163

Crimping or rolling may improve digestibility for very young or old horses. However, Shelf life decreased.

#### PART C - FOOT AND SHOEING

## [3] 9. Give 1 function of each of the following in the horses foot (USA 254-256) EVM 58 HCH 175

a. Coffin bone Supports the weight of the horse; (Major bone of the foot)

*Note:* Also Provides protection for nerves and blood vessels, and attachments for tendons, ligaments and the sensitive laminae.

b. Periople Keeps moisture in

c. Lateral cartilages Aid in the expansion of the foot

US AB 254-256

## [1] 10. Name the tendon that runs down the front of the leg and attaches to the top of the coffin bone.

HN 154 (169) MH 378

Extensor tendon

#### (4) 11. Name 4 types of shoes and their uses

USC 259 USAB 284 MH 227-229

Plain stamp – slow work no provision against slipping or interfering

Hunter shoe – concave iron to give more grip on ground, fullered which means provided with groove to ensure better foothold. For horses that move at fast pace

Feather-edge – used for horses that brush (hit the opposite leg). Shoe with inside quarter beveled and angled to reduce possibility of interfering and to limit damage if horse strikes itself;

Trailer shoe – hind shoe with one extended heel, used to help the hoof land straight Squared toe – shoe squared off at the toe to prevent forging or overreaching

Rolled Toe or Rocker Toe – shoe with toe rounded and turned up slightly at front. Makes it easier for the foot to break over and may be used to help prevent stumbling

Aluminum racing plate very light, narrow aluminum shoe for minimum weight. Wear out quickly

Aluminum wide web shoe lightweight shoe with wide width to protect sole. More substantial and longer wearing than racing plates with optional steel wear plate at toe. May be tapped for studs

Polo or Rim Shoe- concave, fullered shoe with higher inner rim. It allows foot to break over easily in one direction.

Bar shoe – therapeutic shoe used to apply or relieve pressure on certain parts of the foot. There are different types of bar shoes, straight bar, egg bar, heart bar etc...

# (2) 12. Describe the type of caulk you would use for hard footing and how one for soft/muddy footing is different (USAB 287-288)

Hard footing: small square road studs (small studs)

Soft/Muddy footing: Blocks: Long square studs for soft muddy ground

#### **PART D - GROOMING**

#### (4) 13. List 4 functions of the skin. KYH 24-25

- 1. To mechanically protect the body
- 2. To keep out toxic agents
- 3. To prevent excess water loss
- 4. Protection against irradiation
- 5. Heat control
- 6. Sensation- all sensations are subject to nerves which penetrate the skin
- 7. Secretion of sweat and sebum
- 8. Formation of vitamin D

#### (2) 14. List two reasons to hog a mane (HN p 93)

- a) to eliminate work involved in the care of the mane
- b) also used when horse grows ragged mane which spoils appearance

### (2) 15. What 2 areas are left unclipped with a Hunter clip and why. HN p 98MH p 211

<u>Legs, as far as elbows and thighs</u>, are left unclipped. Leaving hair on legs protects them from cold, thorns, mud and cracked heels.

Saddle patch is left unclipped which prevents back becoming sore or scalded.

# (2) 16. Give 2 reasons for applying a grooming tail bandage and briefly explain the proper way to remove it MH 192-194

- improve appearance by keeping the hairs of the tail straight
- to prevent rubbing when traveling

Removing: until the tapes, grasp the bandage with both hands round the dock near the top of the tail and slide it off in a downwards direction

#### PART E - VETERINARY AND FIRST AID

- [8] 17. Choose any two of the following emergency situations:
- a) impaction colic, AHSG 303-308
- b) Choke AHSG 295-297 EVM 106-107
- c) Acute laminitis, AHSG 74-77 HCH 329
- d) Open joint injury, MH 360
- e) Bowed tendon AHSG 185-186 HCH 321-322 and discuss
- a) signs and symptoms
- b) actions while waiting for vet
- c) vet treatment generally used for the condition
- d) follow up care on advice from vet

## NOTE: I did the best I could on the answer key © Hope it helps. If you see any incorrect info please advise as the answer is not always in black and white

Situation	Signs/Symptoms	Actions	Vet Treatment	Follow up care
Impaction colic	Horse may appear depressed.	Remove feed (hay and	Pain relief, softening of the	Deal with probable cause.
	He may look at flank, may paw,	concentrates) that could	impacted feed material and	Feed smaller amounts several
	stretch, kick at belly, flehmen or	add to the size of the	stimulation of intestinal motility to	times a day
	spend a lot of time laying down.	impaction. Note if horse	increase fecal transit. Over	Ensure sufficient water
	He may nibble but tends to be	has passed any	hydration of the horse with	Have teeth checked
	more finicky. No manure	droppings	intravenous fluid therapy to add	
	production, feces dry and		fluid to fecal content as well as	

	diminishing in quantity. May	Call Vet	maintain hydration and circulation	
	have an elevated respiratory		to intestinal blood flow.	
	rate related to degree of pain.		Administration of laxatives or	
	MH – TPR may be increased		electrolyte laced water by stomach tube is an additional useful strategy	
			in many horses with impaction.	
			Rectal exam to feel intestines to	
			identify an impaction or gas filled	
			loops of bowel indicative of an obstruction.	
			MH pg 161 Severe pain which	
			responds only transiently to	
			painkilling drugs is an indication	
Choke	Horse turns away from food	Place horse on incline	that surgery is necessary  Sedatives administered by vet	Withhold food from a sedated
AHSG	stops eating. Acting colicky	facing downhill.	position head and neck downward	horse until fully recovered. IN
295-297	Distressed and agitated.	Position lessens	while sedatives relax muscles that	some cases withhold food for
	Stretches neck out to relieve	chances of material	spasm around the food mass. Vet	first 24 to 48 hours. Presoaking
	pressure, or paws, sweats or rolls on the ground. Saliva	being inhaled into the airways and may help	passes a stomach tube into esophagus to the level of the	pellets in ample water for 20 to 30 minutes breaks apart and
	foams from mouth. Greenish	drain regurgitated	obstruction and a gentle stream of	softens them for horse to safely
	froth from nostrils often	material out of the	water breaks it up. NSAIDS	swallow. A gruel slips easily
	accompanied by gagging and	mouth and nose Remain calm and talk	minimize scar tissue formation once the obstruction is dissolved.	down allowing the esophagus to heal and inflammation to
	coughing	soothingly to help	Antibiotics prevent infection of the	subside. When safe to do so feed
		control horse's anxiety.	esophageal lining and protects	gruel in small amounts several
		If bulge visible on left	against aspiration pneumonia	times a daily for up to 2 weeks
		side of neck, very gently		after the episode. A horse is
		massage may help break it down		susceptible to a recurrent episode in the time frame so care
				must be taken to remove all
		Call Vet		coarse or dry feed from the diet.
				Check teeth to make sure they are not the problem
Acute laminitis	Pounding digital pulses,	Remove cause,	Early efforts are made to reduce	Months of careful shoeing and
	unwilling to walk, laying down	Cold therapy The	pain and relieve the symptoms.	trimming by experienced farrier.
	more, camped out stance, depression	animal may be placed in a cold stream to	Your veterinarian may recommend the following types of long term	Focus on proportion to avoid
	aepression	foster this.	care:	Focus on prevention to avoid repeat
	There may be sweating and a	Alternatively cold	Minimizing turnout,	· · · · · · · · · · · · · · · · · · ·
	rise in temperature	hosing and applying ice	providing a deeply bedded stall or	
	-	packs may help.	finding a turnout area that is of soft	
		Call the vet	ground/sand with reduced grazing area	
			Change in diet to a	
			low carbohydrate/starch,	
			minimizing grass intake (especially	
			in the spring)	
			Corrective shoeing on a frequent schedule (every 3–5	
			weeks)	
			Daily administration	
			of anti-inflammatory medication (phenylbutazone (bute) or	
			banamine) to help manage pain and	
			make standing more comfortable	
			Regular recheck	
			radiographs (every 3 months to	
			yearly based on your veterinarians recommendation)	
			As with treatment and aftercare,	
			prognosis is directly related to the underlying primary cause,	
Open Joint	Check for joint oil or tendon oil	Call Vet Immediately.	Risk of infection which may cause	Follow vet's instructions
Injury	discharging	An amateur probing	disease to the joint.	Not sure of the answer on this

	Check for bones or tendons visible	around in a wound close to a joint can easily increase the damage	Vet will administer antibiotics, assess and depending on wound may stitch closed etc wrap etc Follow Vet's instructions	one?????? -Restrict movement - changing dressing - administering pain meds or antibiotics
Bowed Tendon	Lameness, Hot, painful, swelling seen along the back of the leg (can be high or low or entire leg) usually occur on front leg, but can also occur on back leg, but usually lower down if back leg. Bowed tendon is an unsoundness resulting from severe strain to the flexor tendons and the sheath that surrounds and protects them. HN states on the rare occasion when the tendon itself is strained or stretched it remains stretched because being inelastic it cannot retract.	Stop work. Seek veterinary help at once HN 192 AB manual says first- aid treatment includes aggressive cold therapy using cold hosing, ice or a cooling system such as Game Ready. Horse should he stall rested and administered non-steroidal anti- inflammatories such as bute.	Vet may use ultrasonography to determine the extent of the damage to the tendon. Rest horse and confine to smaller pen or stall.  AB 385 states A vet will provide further advice as to a controlled rehabilitation program and other therapies such as injecting substances into the tendon to help with healing.	Rest, followed by gradual return to gentle exercise (slow walking work)(consult with your vet) If a bowed tendon is chronic (once scar tissue is present) it becomes a permanent unsoundness, limiting the horse's ability to perform at fast speeds. Leg may never be quite as strong as before

## (4) 18. What is the purpose of isolating a horse? What are three things that you can do to ensure that a horse is properly isolated? MH p 345 US C 211

Purpose: to prevent the spread of disease

Things to do: Keep the horse well away from other horses; coveralls and boots for handler kept separate; buckets, stable utensils, grooming kit, tack kept separate for sick horse; tub of disinfectant for buckets, utensils and boots; separate manure pile in case it has to be burned; disinfectant soapfor the handler

# (2) 19. Blowing – heavy rapid breathing with flared nostrils, not related to heavy exertion, is a sign of trouble in a horse. Name two conditions that would cause this MH 366-367 369-370

Sudden attack of COPD in a horse which has an allergy to fungal spores or to pollens in hay and straw. Something triggers attack. Horse stands with neck outstretched and has difficulty in breathing. The flanks heave and the horse may cough. Call the vet and describe situation. If horse is inside take him away from hay and straw, outside to fresh air. Your vet will give drugs to relieve airway spasm and help the horse to breath easily. Try to figure out triggering factor.

Choke – blockage of oesophagus usually with food. Most common cause is eating dry sugar beet pulp. Horse is distressed and repeatedly attempts to swallow. Remove any food in box stall, call vet. This is an emergency because regurgitated food may pass into the trachea (windpipe) and predispose to the development of pneumonia. Vet will sedate horse, insert a stomach tube and try to soften blockage with water. Most cases can be prevented by adequately soaking beet pulp and avoiding access to the feed room. Apple and carrot treats should be in long slices so that the horses have to chew them rather than swallow them.

# [1) 20. Most internal parasites are controlled by regular doses of ivermectin (e.g. "Eqvalan). Name one that is not affected by this product. US AB 346 *Tapeworms*

#### PART F - SADDLERY

(2) 21. What are two other names for a "figure-eight" noseband? What other nosebands serve a similar purpose (4 x  $\frac{1}{2}$  mark) MH 311

Similar purpose: Drop, Flash, Kineton

# [4] 22. What are four things that should be considered when selecting which bit to use on a horse?US AB 427

- a. the horse's age, experience, and level of training
- b. the rider's skills and experience
- c. the discipline and activity, and the level at which the horse is competing or being ridden in that activity
- d. the horse's mouth conformation
- e. the size and proper fit of the bit
- f. the horse's temperament and response to the bit

#### (2) 23. How do you correctly fit a leg boot? (USAB 440)

Place it high on the leg, fasten it snugly but not tightly, then slide it down into place keeping the hair smooth. Then re-check tightness, making sure fastenings exert even pressure. Boots must be tight enough to be secure but you should be able to slip a finger underneath at the top and bottom.

#### (2) 24. Name 4 of the 5 families of bridles.S14 29 USAB 429-439

snaffle, double or Weymouth, Pelham, gag, bitless

#### **PART G- RIDING**

#### [1] 25. List the sequence of footfalls at gallop (MH 43)

If Left foreleg leading: right hind, left hind, right fore, left fore If right foreleg leading: left hind, right hind, left fore, right fore

- (2) 26. Draw or describe the following fences: USAB 100-102
- (a) Liverpool
- (b) Swedish Oxer

Refer to manual for pictures

#### (6) 27. Give the correct riding term for the following definitions.

- a. a change in pace or speed MH 27 a transition
- b. the energy asked for by the rider and supplied by the horse MH 36 impulsion
- c. the regularity and evenness of the hoof beats MH 36 *rhythm*
- d. the sequence of footfalls is left hind, left fore, right hind, right fore MH 39 *walk*
- e. the horse canters with the outside foreleg leading and maintains the bend to the outside MH 58 *counter-canter*
- f. two fences with no stride between them MH 105 bounce

#### [1] 28. What, specifically do we mean by a "four beat canter"? USAB 13

A four beat canter is when the diagonal pair separates, with foreleg or hind leg striking ground first

#### PART H - CONFORMATION AND UNSOUNDNESS

#### (10) 29. Define the following terms and explain why each is desirable or undesirable. MH 395-401

- top line of neck is concave, undesirable makes it hard for horse to a) ewe neck come on bit and round
- calf knees b) AKA back at knee, undesirable, stress to tendons may lead to bowed tendons
- **herring gutted** the lower line of the body runs up like a greyhounds. This is a sign of lack of stamina. Such horses lose condition quickly with hard work. - undesirable
- rounded rib cage <u>desirable</u> to allow room for internal d) well sprung ribs organs
- **bowed hocks** causes the horse to twist the hock outward as the foot touches the e) ground and can cause strain – undesirable
- bull neck short thick neck, undesirable as it is difficult to obtain any flexion f) with this type
- **hollow back** a back which is unduly dipped, <u>undesirable</u> (may be sign of age g) or damaged vertebrae
- **over at the knee** or standing over is the opposite of back at the knee. A mild degree of this condition puts less strain on the tendons, but if exaggerated may cause stumbling.
- **deep through the girth** generous depth of the body from immediately behind the i) withers to the lower line (or girth line) just behind the elbows. Allows ample room for heart, lungs and internal organs – desirable
- **sickle hocks** hocks place well under the body, undesirable as places **i**) more stress on the hocks

#### (3) 30. Match the unsoundness or blemish with the location

a.	Sidebolie	Lateral cartilages of the foot
b.	Ringbone	Pastern bones
c.	Osselets	Bones of the fetlock joint
d.	Carpitis	Bones of the knee
e.	Curb	Plantar ligament
f.	<b>Bog Spavin</b>	Joint capsule of the hock

US AB 270 – 272 USC 327-331 HN 199

#### (1) 31. Is whistling and roaring more common in ponies than in horses? MH 371

Horses

#### (1) 32. What do you call the interference which occurs when the hind toe strikes the front foot? MH 363 (USC333)

Forging is when hind toe strikes front foot

Cidobono

Note: Overreach is when hind toe grabs heel of front foot

#### PART I - TEETH AND AGING

#### (3) 33. What is the name given to the following parts of the tooth:

- a) portion closest to the jaw fang
- b) portion above the gum line neck
- c) the surface of the tooth The table (grinding surface)

# (1) 34. How often should an adult horse have their teeth checked by a veterinarian? HCH 65 Recommended every 6 months

#### (4) 35. Name four signs that indicate dental problems in a horse US AB 337-38

- 1. difficulty in chewing or drinking
- 2. quidding (dropping food from its mouth)
- 3. loss of condition
- 4. oral or facial pain
- 5. drooling of saliva

# (2) 36. Briefly Briefly describe the process of floating a horses teeth. (MH 237) Be specific as to the location of sharp edges.

The vet will check for sharp edges within the horses mouth. If the vet finds sharp points he will remove them with a tooth rasp. Depending on the horses attitude he may have to twitch or tranquilize the horse to get the job done.

Sharp edges on the top row of teeth sharp edges form on the outside of the teeth, cutting into the cheek.

On the lower row of teeth sharp edges can form on the inside of the row of teeth cutting into the gum.

#### PART J LUNGEING

# (4) 37. List 8 pieces of equipment worn by the horse/or the handler when safely lungeing a horse

L p 25-30 US C p 281

gloves.

safe foot wear, hard soled boots that cover the foot and ankle.

safety helmet that is fastened properly.

watch to time lunging session

Lunge whip

Lunge line

Lungeing cavesson

Saddle

Surcingle or roller

Protective boots or bandages front & back

Bell boots on the front

Side reins

# (1) 38. Give two reasons why young horses should only be lunged lightly. US AB 150

a. Lungeing puts lateral stress on a horse's legs and joints, which increases with speed and smaller circles. They are also more easily overstressed mentally by too long or demanding training sessions

# (1) 39. What whip aid can be used to prevent a horse from cutting in on the circle while being lunged?

**US AB 155** 

Point the whip towards shoulder and say "Out"

# (2) 40. Lungeing can be used to educate a horse to accept the bit. What are two signs that the horse is starting to accept the bit while lungeing? US AB 174

- a. gently chewing the bit, which produces foam in the mouth
- b. stretching the neck and back, showing roundness in the back, while continuing to reach well forward with the hind legs
- c. a more steady and consistent, but not rigid, head carriage
- d. indications of relaxation, such a rhythmically swinging tail, breathing in rhythm with strides and gently snorting or lowing his nose
- **e.** *progression to self-carriage as a result of meeting and giving to the side-reins.*

#### (2) 41. Briefly explain how you would deal with the following:

- a) playing on the line (US L 87-88)
- b) horse who rushes (US L 89)
- a) if a horse is playing, bucking, etc.. on the line he may be playing or he may have become bored. Use short strong half halts and firm voice commands. Keep longeing sessions short, keep the horses attention by varying gaits, making frequent transitions, changing directions and spiraling in and out. Longeing over a single ground pole can also restore a horses interest. Try longeing in different locations and avoid a fixed routine.
- b) if a horse rushes and won't stop, check your body language and your handling of the whip. Make sure you are not unknowingly chasing him forward. Keep whip quiet, pointing toward ground or reverse it so that it trails out behind you. To stop a rushing horse, move him and use a "body block" or direct him into a fence, wall or corner (which must be too high to jump), giving a voice command to halt just before he is forced to stop

#### PART K MISCELLANEOUS

# (2) 42. Give 2 signs on a horse's legs which may indicate that the bandage was put on too tight or carelessly (MH 190-191)

Ringed marks on the legs (cording) More seriously damage to tendons

### (3) 43. List three items that are mandatory for a rider in the cross country phase of a B test (AB TP)

ASTM approved Helmet with harness secured ASTM approved Cross country vest Long Sleeves

It used to say Medical Arm Band but they are no longer required.

# (2) 44. Give one advantage and one disadvantage of incorporating road work in your conditioning program. MH 240 $\,$

Working on hard roads helps to harden the legs, but if over done particularly with older horses it can cause jarring to the feet and legs. It is also very costly in shoes

# (2) 45. Briefly describe the effect of a good conditioning program on a horse's muscles and circulatory system (USAB 293-294)

The muscles become stronger and better able to tolerate the effects of lactate. Muscle tissue is the fastest to condition and shows the effects of conditioning sooner and more dramatically than other body tissues. The circulator system becomes more efficient at delivering oxygen and nutrients and removing waste products and the capillaries become larger and more numerous to they can serve muscle cells and fibers more efficiently.

# (1) 46. The first part of any conditioning program should include lots of walk, gradually increasing the distance covered. What is this part of a conditioning program called? USC 241)

Long Slow Distance work. (this is what makes a pony sound and strong)